

HOW WE SPEND YOUR DONATION

Donations from our supporters help fund our life-changing mental health treatment for former servicemen and women. Every year more than 2,000 veterans take the first step to seeking help by reaching out to us. Our specialist treatment helps rebuild lives, brings families back together and gives veterans a future again.

Here's a breakdown of how we spend the money raised by our generous supporters.

For each £1 spent:

81p

supports veteran treatment

16p

is invested in fundraising

3p

raises awareness



£1 = £5.67

For every £1 we spend on fundraising, we raise £5.67

*All statistics relate to our last financial year (1 April 2018 to 31 March 2019)



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combatstress.org.uk/support-us

Registered with



FUNDRAISING
REGULATOR



**COMBAT
STRESS**
FOR VETERANS' MENTAL HEALTH

Company Registered in England & Wales No 256353.
Charity Registration No 206002 (SC038828 in Scotland).