

09:45 Join online conference

10:00 Welcome and introduction to Combat Stress

Giles Peel, Combat Stress Chair

Session 1: Innovations in the treatment of trauma

10:05 Introduction

Professor Sir Simon Wessely, Regius Professor of Psychiatry, King's College London

10:10 Setting the scene

Professor Dominic Murphy, Head of Research, Combat Stress

10:20 C-PTSD in veterans

Professor Thanos Karatzias, Professor of Mental Health, Director of Research, Edinburgh Napier University

10:35 Moral Injury

Dr Victoria Williamson, Senior Research Fellow, King's College London

10:50 The role of psychedelics in augmenting treatment

Professor Walter Busuttill, Director of Research and Training, Combat Stress

11:05 Detailing cutting edge treatments

Professor Dominic Murphy, Head of Research, Combat Stress

11:20 Q&A

Professor Catherine Kinane, Medical Director, Combat Stress

Session 2: Recent Clinical Innovations at Combat Stress

11:45 Introduction to Session 2 and a veteran lived experience

Professor Catherine Kinane, Medical Director, Combat Stress

11:50 Intensive Treatment Service for Complex PTSD

*Dr Naomi Wilson, Associate Clinical Director / Head of Psychological Therapies, Combat Stress and
Co Presenter Dr Dominique Mossman-Smith, Consultant Clinical Psychologist, Combat Stress*

12:05 Improving Access: Online groups

Jolandi du Preez, Head of Occupational Therapy, Combat Stress

12:15 Peer Support Service: Supporting Goal Focused Engagement

*Dave Aitken, Head of Engagement and Social Care, Combat Stress and
Co presenter Simon West, Senior Peer Support Coordinator, Combat Stress*

12:25 Supporting Families

Dave Aitken, Head of Engagement and Social Care, Combat Stress

12:35 Together Programme for Veterans Partners

*Dr Vicky Aldridge, Senior Clinical Psychologist, Combat Stress and
Co presenter Laura Hendrikx, Research Assistant, Combat Stress*

12:50 Q&A

Professor Catherine Kinane, Medical Director, Combat Stress

Session 3: The Value of Collaborations

13:30 Op Courage

Kate Davies, Director of Health and Justice, NHS England

13:50 NHS / CS partnerships

*Dr Felix Davies, Director of Operations, Combat Stress and
Co presenter David Rowley, Head of Operations, Regional & Specialist Services, Leeds & York NHS Partnering Trust*

14:10 RCPsych Collaboration: Benchmarking and Improving Quality

*Dr Lee Robinson, Principal Clinical Psychologist / Cognitive Behavioural Psychotherapist, Combat Stress and
Co presenter Heather Steers, Head of Nursing, Combat Stress*

14:25 Panel: Collaborations are they worth it?

Chaired by: *Sean Duggan, CEO of NHS Confederation's Mental Health Network*

Panel: *Kate Davies; Dominic Murphy; Felix Davies; David Rowley; Andy Pike*

14:50 Closing Remarks

Jeff Harrison, CEO, Combat Stress