

INSIDE THE ROYAL MILITARY ACADEMY SANDHURST

100
1919-2019
YEARS

**COMBAT
STRESS**
FOR VETERANS' MENTAL HEALTH

Combat Stress, the leading veterans' mental health charity, offers you the opportunity of a personal visit to 'the home of leadership' on Friday 24 April 2020.

Guest speaker General the Lord Dannatt GCB CBE.



For only £40 per ticket:

Combat Stress, in partnership with the Sandhurst Trust, offers you unique personal access to the Academy. You will receive a tour of the buildings and grounds led by former senior military officers followed by a formal sit-down lunch with our guest speaker.

About Combat Stress

We are the UK's leading charity for veterans' mental health. For almost a century, we've helped former servicemen and women deal with trauma-related mental health problems such as anxiety, depression and post-traumatic stress disorder.

Itinerary for the day:

9.45am	Guests arrive tea, coffee and biscuits provided.
10.25am	Brief welcome address from Chairman of the South of England Committee of Combat Stress.
10.30am	Guided tour of the Academy taking in the Prestige Rooms of Old College including the Indian Army Memorial Room and Old College Grand Entrance, the RMAS Museum, The Royal Memorial Chapel and Roman Catholic Chapel finishing at New College. There is a formal photography opportunity.
12pm	Pre-lunch drinks in New College.
12.30pm–3pm	Lunch with an address by our guest speaker General the Lord Dannatt GCB CBE, and entertainment provided by a military band with various auctions and games.

For more information and to purchase tickets please visit combatstress.org.uk/sandhurst or phone 01372 587 140



combatstress.org.uk