

PERSON SPECIFICATION

(Supporting the Policy on Equal Opportunities in Employment)



PSYCHOLOGIST OR CBT THERAPIST DETAILS

Department: Clinical

Location: Combat Stress Treatment Centre

Band: 7

Status: As per contract

Hours: As per contract

Reporting to: Senior Psychologist or CBT Therapist

FACTOR	ESSENTIAL	DESIRABLE
Qualifications & Experience	<ul style="list-style-type: none">• Post graduate doctoral level training in counselling or clinical psychology, including specifically models of two or more distinct psychological therapies to include CBT as accredited by the BPS• BABCP accredited• Current registration with the Health and Care Professions Council as a clinical psychologist or a counselling psychologist• Doctorate level knowledge of research methodology, research design and complex, multivariate data analysis as practised within the clinical fields of psychology	<ul style="list-style-type: none">• Completion of further post-doctoral post-qualification specialist training in areas of practice relevant to the post• Experience of delivering clinical supervision
Previous Experience	<ul style="list-style-type: none">• Experience of psychological assessment and treatment of clients across a range of care settings.• Experience of working with a wide variety of adult client groups presenting with problems that reflect the full range of mental health disorders experienced by veterans (e.g., trauma, anxiety disorders, depression, substance misuse) of varying clinical severity.• Significant experience of delivering CBT	<ul style="list-style-type: none">• Experience of working with mental health services with British Veterans• Experience of contributing to teaching and training programmes• Experience of the application of psychology in different cultural contexts.

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<p>Skills & Knowledge Range and level of skills</p>	<ul style="list-style-type: none"> • Skills in the use of a range of methods of psychological assessment (including psychometric tests), intervention and management for the full range of problems of severity and complexity presented in adult mental health, including challenging behaviours. • Well developed knowledge and skills in the theory and practice of CBT. • Ability to communicate effectively, orally and in writing, with clients, their families, carers and other professional colleagues both with statutory and non-statutory services. • Excellent IT skills • Knowledge and understanding of the HCPC code of conduct • Conflict resolution skills • Ability to develop and maintain a dynamic working environment • Excellent working knowledge of Health and Safety • Excellent working knowledge of Equality and Diversity • Ability to provide and accept constructive feedback • Proven ability to make decisions and develop others in this area • Ability to manage work under pressure 	<ul style="list-style-type: none"> • Skills in providing consultation to other professional and non-professional groups. • Knowledge of legislation in relation to the client group (i.e., British veterans) and mental health. • Knowledge of current developments in veterans' mental health • Knowledge of veteran culture and veteran agencies • Evidence of commitment to continuing professional development as required by the HCPC and British Psychological Society
<p>Personal Attributes The personal qualities required e.g. exercising</p>	<ul style="list-style-type: none"> • Ability to contain, explore and formulate an understanding of high levels of distress both directly with patients and indirectly via supervision of other staff. 	<ul style="list-style-type: none"> • Ability to teach and train others, using a variety of multi-media materials suitable for presentations within public, professional and academic settings.

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initiative, organising, problem solving	<ul style="list-style-type: none">• Ability to form good working relationships with others in a multidisciplinary setting.• Ability to identify and employ mechanisms of clinical governance as appropriate, to support and maintain clinical practice.• Interest and ability to contribute to service development.• Self motivated• Works to deadlines• Supportive to colleagues of all disciplines• Flexible approach to work• Conscientious and understanding of accountability• Smart appearance and professional manner• Committed to personal and professional development• Motivated to maintaining high standards in a changing service	
Other Requirements	<ul style="list-style-type: none">• Enhanced DBS/Disclosure Scotland	