

A gift to veterans in your Will



WHO WE ARE

Combat Stress is the UK's leading charity for veterans' mental health. Founded over 100 years ago to provide a rehabilitation programme for veterans after the First World War, today we are dedicated to providing life-changing clinical treatment and support for veterans from every service and conflict, focusing on those with complex mental health issues.

WHAT WE DO

Our specialist treatment helps former servicemen and women with mental health problems such as post-traumatic stress disorder (PTSD), anxiety and depression. We directly employ our own clinical staff to provide our highly specialised, quality treatment throughout the UK, tailored to each veteran's needs.

In addition, our research team is part of national and international projects contributing to research into veterans' mental health and innovations in treatment. Our clinicians use this to continually improve the effectiveness of our service and ensure we are delivering evidence-based treatments that transforms the lives of veterans.

HOW GIFTS IN WILLS HELP

We are reliant on donations from people like you. But despite this generosity, we can still only help some of those who are struggling with complex mental health problems.

One in five of the veterans we treat are funded by Gifts in Wills, and we wouldn't be able to help as many veterans without these gifts. Quite simply they are fundamental to our work.

Any legacy to Combat Stress allows us to continue providing life-changing

treatment and support for veterans, improving their quality of life which benefits both them and their families.

You are an important part of our present, but you can also play a vital role in our future.

A GIFT IN YOUR WILL

If you haven't made a Will, we have partnered with several organisations who can write a simple Will for free, either online or in person, nationwide, with no obligation to include a gift to Combat Stress.

If you already have a Will and would like to include a legacy to Combat Stress, you can either contact your own solicitor to update your Will, or you could also use one of our free Will writing organisations.

FAQs

Do I need to make a Will?

Yes. It is the only way to ensure that the people and causes you care about receive what you want them to have.

What sort of gift can I leave?

You can leave Combat Stress one of the following:

- A cash amount, which is known as a pecuniary gift.
- A percentage of your estate, which is known as a residuary legacy.
- A specific gift, where you leave a particular item for example shares in a company or a painting

What will it cost?

You can write your Will free of charge through one of our partner However, if you use your own solicitor, then their fees will apply.

FAQs

What about my family?

Of course your family and friends rightly come first. But we hope that once they are provided for, you will consider leaving a gift to fund our work helping veterans.

How do I include a gift?

Your solicitor will need the following information to include your gift to Combat Stress in your Will:

Combat Stress Registered Charity No. 206002 (England and Wales)

Registered Charity No. SC038828 (Scotland)

Registered address: Tyrwhitt House, Oaklawn Road, Leatherhead, Surrey, KT22 0BX

If you'd like to have a chat or would simply like to know more about what we do and the impact a gift in your Will would have, please contact Sarah on **01372 587 144** or email sarah.seddon@combatstress.org.uk

We value each and every gift we receive, whatever the amount. Thank you.

[combatstress.org.uk](https://www.combatstress.org.uk)



Registered with



FUNDRAISING
REGULATOR

Combat Stress, Company Registered in England & Wales No. 00256353.
Charity Registration No. 206002 (SC038828 in Scotland).

**COMBAT
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FOR VETERANS' MENTAL HEALTH