

## PERSON SPECIFICATION

(Supporting the Policy on Equal Opportunities in Employment)

### JOB DETAILS:

**Job Title:** Family Peer Support Mentor

**Department:** Clinical

**Location:** LYPFT HIS

**Status:** 12 Month Fixed Term

**Hours:** 0.6 FTE

**Reporting to:** Deputy Operations Manager (North) and NHS High Intensity Service (HIS) Line Manager

FACTOR	ESSENTIAL	DESIRABLE
<p><b>Qualifications &amp; Experience</b></p>	<ul style="list-style-type: none"> <li>• Has either recovered from a mental health problem as a result of their service, or can demonstrate extensive experience or working within mental health and a high level of knowledge regarding mental health conditions commonly experienced by Veterans.</li> <li>• Evidence of Continuing Professional Development</li> <li>• A driving licence and use of a car for work purposes</li> </ul>	<ul style="list-style-type: none"> <li>• Has Served in Her Majesty's Armed Forces – or was the spouse/partner/family member and/or provided support to someone who served</li> <li>• An understanding of various peer support models and their efficacy</li> </ul>

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<p><b>Skills &amp; Knowledge</b> Range and level of skills</p>	<ul style="list-style-type: none"> <li>• Excellent working understanding of record keeping</li> <li>• Experience of effective advocacy</li> <li>• Skilled at case recording</li> <li>• Safeguarding knowledge</li> <li>• Rapport building</li> </ul>	<ul style="list-style-type: none"> <li>• An understanding of family Systems Theory</li> <li>• Knowledge of Crisis Intervention Theory</li> <li>• Training in Brief Therapy and basic Counselling Skills</li> <li>• Awareness of Reflective Practice</li> </ul>
<p><b>Personal Attributes</b> The personal qualities required e.g. exercising initiative, organising, problem solving</p>	<ul style="list-style-type: none"> <li>• Effective report writing skills</li> <li>• Excellent IT skills</li> <li>• Excellent telephone communication skills</li> <li>• Ability to gather information accurately and efficiently</li> <li>• Excellent working understanding of professional boundaries</li> <li>• Excellent time management skills</li> <li>• Good understanding of equality and diversity</li> <li>• Good understanding of health and safety issues related to community working</li> <li>• Ability to provide and accept constructive feedback</li> <li>• Ability to manage work under pressure</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrable interest in/experience of participating in or delivering peer support within the Veteran community</li> </ul>
<p><b>Other Requirements</b></p>	<ul style="list-style-type: none"> <li>• Self-motivated</li> <li>• Use of initiative under minimal supervision and ability to work independently</li> <li>• Excellent communication skills at all levels</li> <li>• Ability to think creatively and problem solve</li> <li>• Good team working and communication</li> <li>• Ability to work with a wide range of people</li> </ul>	

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	<ul style="list-style-type: none"><li>• Supportive to colleagues of all disciplines</li><li>• Flexible approach to work</li><li>• Conscientious and understanding of accountability</li><li>• Smart appearance and professional manner</li><li>• Committed to personal and professional development</li><li>• Motivated to maintaining high standards in a changing service</li><li>• Ability to work effectively under pressure and maintain a Positive outlook</li></ul>	
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